



Savanna Zar, M.S.

Psychotherapist

Registered Associate
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Supervised by Bonnie
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Women's Group

6 week psychoeducational/process group
for newlywed/soon-to-be-married women

PARTICIPANTS WILL LEARN HOW TO:

- Build relationship skills that are necessary for stepping into these new roles as spouses
- Use conflict resolution & repair strategies that will decrease intensity & length of disputes
- Give & receive love in more meaningful ways in order to increase connection & intimacy

🕒 Details

Tuesdays @ 6:30pm-8:00pm beginning
May 11th - June 15th 2021

Investment: \$40 per session

Healthy Relationships Counseling Services
25500 Hawthorne Blvd., Ste. 1220
Torrance, CA 90505



TO SIGN UP:

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